



BEACH SPA



POWERED BY

**CODAGE**  
PARIS

**A WELL-BEING & BEAUTY POWERHOUSE**





# A WELL-BEING & BEAUTY POWERHOUSE

**KENSHŌ BEACH SPA** POWERED BY **CODAGE**  
PARIS

Kenshō Beach Spa redefines the modern spa experience. At this well-being and beauty powerhouse, therapeutic rituals instantly calm and uplift you. A natural cure for this hectic world. Sit back and let the positive vibes embrace you. Our holistic approach to wellness aligns mind, body, and spirit in perfect harmony with your skin. Signature spa practices make the most of every minute.

Unwind as a personal therapist caresses away your worries. Feel your stress drop like a weight off your shoulders. Spring to life as your skin returns to its radiant glow. As you commit to the good life, float away in our Spa Verandah Water Pond. Relish our thoughtful selection of classic and modern massages and nail services. Stay forever young with anti-ageing treatments and facials.

Or be spoiled on a sand massage table, starring our Psammo Spa Concept. “Psammo” means sand in Greek, refreshing age-old but not forgotten healing methods. The sand’s gentle warmth promotes physical and mental relaxation while boosting your metabolism. To complete your spa awakening, we’ve joined forces with CODAGE, who excels in the art of beauty

serums. Crafted from the expertise of French pharmacy tradition, CODAGE products treat almost any skin concern. Their precise blend of powerful ingredients and antioxidants promise wonderful effects. At Kenshō Beach Spa, we reimagine the modern spa as you know it. Welcome to life as it should be. Welcome to life as you deserve.



# CODAGE SINGULAR FORMULAS FOR BEAUTY

## CODAGE PARIS

CODAGE is a Luxury French Spa brand, the masters of beauty formulas. It excels in the art of formulation. CODAGE ingredients are selected from the most innovative range and compounded with finesse and precision by experts, either by identifying the needs of specific skin-type or working with you in order to diagnose your skin's particular needs. For CODAGE formulation is an art, its aim beyond the aesthetic, to embrace health and well-being.

CODAGE only creates clean formulations: no use of parabens, allergens, essential oils, phthalates or other petrochemicals and does not test on animals. CODAGE celebrates the uniqueness of each and all. It goes beyond flesh, moments and lives. CODAGE plays it straight, what goes into the products is for all to see; Simplicity and Involvement.

Aesthetics inspire the sensuality in the CODAGE textures and the refinement of the preparations. VOGUE PARIS claims, "CODAGE is the ambassador of the new generation of the beauty made in France", and CODAGE is today largely endorsed by many influencers, celebrities and the most well-respected beauty editors around the globe.

Each beauty is unique. Each deserves its own formula. Its Solution, Its CODAGE.



# KENSHŌ SIGNATURE TREATMENTS

## KENSHŌ 'TRAVEL DETOX INDULGENCE' TREATMENT 60MINS

This is a facial treatment combined with a leg, back and neck massage, that will relax you after a long period of sitting. We use energizing and drainage techniques to stimulate the upper body tension and eliminate fatigue. A nice calming feeling of reducing heaviness in the legs and true boost of energy is succeed. You will be ready to live your Mykonos adventures straight after this

Travel Detox Treatment.

150€

## KENSHŌ 'O<sub>2</sub> - A BREATH OF FRESH AIR' FACIAL 60MINS

This Facial Treatment is based on the powerful action of pure oxygen that is specially designed to stimulate the full resumption of skin cells and restore its natural beauty. We will treat deoxygenated skin tissues with our oxygen machine, to accelerate cell regeneration mechanisms, against skin ageing and in order to restore the natural freshness and lustre. A true Breath of Fresh Oxygenated air in combination with CODAGE's high concentrated luxury serums. This is for you to feel your most refreshed and renewed you have ever felt. No more dull; but only bright.

180€

## KENSHŌ 'LET ME SEE THE LIGHT' ANTI-AGEING FACIAL 45MINS

This Facial uses LED light which is a safe, pain-free way to achieve a naturally vibrant and clearer skin. We choose between an Anti-Ageing, Purifying, Detoxifying, Brightening or Calming mode to give to your skin the radiance it needs. First we thoroughly cleanse and exfoliate the skin in order to achieve maximum penetration of active ingredients and light therapy. Whilst you zone out with our LED Mask we will be treating you to Hand & Arm and Foot massage before we finish with the application of a serum cocktail from CODAGE. We are using the Déesse PRO LED Mask, the original LED Mask that all of Hollywood's Stars trust for their healthy skin and red carpet appearances.

120€



# KENSHŌ

## SIGNATURE SPA CEREMONIES

### TIME FOR TWO MASSAGE & THE 'SPA VERANDAH' EXPERIENCE 2HOURS

This couple's Ritual begins with body exfoliation using your choice of a luxury body scrub between our Lavender and Rosemary body scrub or our Macademia, Shea Butter & Sugar Scrub, to stimulate the detoxification of excess fluids and even out your tan. You will then be treated to your own choice of one of our Massages in order to indulge all your senses, eliminate any muscle aches and reveal the softest skin. We will then welcome you to use our Spa Verandah, wearing one of our custom-made designs of Bohemian Kaftans, lounging and enjoying the use of our outdoor water 'pond'. You can also choose to order some of our exclusive drinks and bites from the Spa Food Menu while you enjoy your time on our Spa Verandah. A unique experience of style and well-being. Two hours of uniting all your senses and balancing mind and spirit.

**210€ (per person)**

Choice of complimentary drink from spa food menu. The total treatment time is 90mins with 30mins on the Spa Verandah.

### THE KENSHŌ 'PSAMMO' SPA EXPERIENCE

Choose to enjoy one of our treatments on our Quartz Sand Bed. The warm sand helps to alleviate pain and promote comfort. As you recline, the sand conforms to the body to release muscular tension. The deep and dry heat of the quartz sand combines sophisticated technology for a unique experience where the quartz activates lymphatic circulation, relaxing muscles and stimulating the whole body. Promoting deep relaxation with a mild and sustainable heat taking you back to the ancient years where the warmth of the Sand provided a healing and calming experience. 'Psammo' is a word forming element meaning 'sand' in Greek and will transport your spirit to a mindful and unique place.

**60€ / Additional charge when treatments are performed on the Quartz Bed.**

Total Charge includes the price of each treatment + additional Quartz bed charge.

# FACE THERAPY

## CODAGE FACIAL COUTURE TREATMENT 90MINS

This is a luxury, custom treatment for the face, neck and décolleté that targets and answers all your desires and needs. The customized Facial Couture treatment begins with a comprehensive skin diagnosis. Your skin is like new, deeply and lastingly regenerated with the help of a personalized combination of high-performance CODAGE serums and specific massage techniques. The ritual includes hand massage, and a relaxing scalp massage for a unique feeling of well-being. The Couture Facial is customised between Anti-Ageing, Lifting, Intense Moisturising, Anti-Shine, Radiance, Anti-Dark Spots and Anti-Redness.

210€

## CODAGE FACIAL DESIGNER TREATMENT 60MINS

The Designer facial treatment responds to a precise skin type and need, regarding the selection of high-performance CODAGE serums that we choose according to your skin needs. During the treatment, each serum is applied with a specific protocol, which has been designed to reinforce the serum's action to guarantee maximum effectiveness. This treatment for the face, neck, décolleté and hands is the ultimate anti-aging experience. At once your complexion looks radiant, your skin visibly smoother, relaxed and regenerated.

180€

## CODAGE LIGHTENING PEELING FACIAL - Prêt-à-Porter TREATMENT 45MINS

This treatment is specially dedicated for skin with dark spots and pigmentation needs. A true highly exfoliating professional peel to smooth out skin texture, lighten the complexion and visibly fade dark spots for an even and radiant complexion.

- This Treatment is recommended to be done after 5pm to avoid immediate access to the sun.

150€

## OXYGEN POWER FACIAL TREATMENT 75MINS

This treatment is specially dedicated to skin that is dull and lacking radiance. A veritable elixir of cellular energy, it erases traces of fatigue and gives your skin back all of its vitality for an immediate brightening effect. The perfect combination of hands-on therapy and Oxygen infusion stimulates cell regeneration and reveals the healthiest version of your skin.

This is a fantastic 'after-sun' or 'pre-party' facial.

200€

## CODAGE BRIGHT EYES 15MINS

This eye-contour treatment targets all signs of skin ageing and erases traces of fatigue around the eye area. Dark circles are faded, puffiness is reduced and you will have brighter and visibly younger eyes.

55€

## FACE THERAPY ADD-ONS

LED Mask - Light Therapy 60€

Oxygen Infusion 60€

Mineral Make-Up Flawless Finish Look 20€

# BODY THERAPY

## **CODAGE BODY COUTURE TREATMENT 90MINS**

The customized Couture body treatment experience begins with a comprehensive diagnosis, followed by a personalized body treatment with targeted facial, décolleté and scalp massage, to answer all your expectations. A true personalized massage where the techniques are enveloping, deep, precise and structured movements to promote well-being, beauty and true results.

180€

## **CODAGE LUXURY SUGAR, MACADEMIA & SHEA BUTTER BODY SCRUB TREATMENT 45MINS**

This full-body scrub, infused with Sugar, Macademia and Shea Butter, eliminates dead skin cells, refines skin texture, revitalizes and reawakens the skin. Particularly suited for those who wish to exalt the beauty of their skin. The treatment is rounded off by the personalized application of concentrated body milk that gives vitality to the skin. Reveal skin that is smoother and incredibly soft.

100€

## **'KERATION' BODY SCRUB 45MINS**

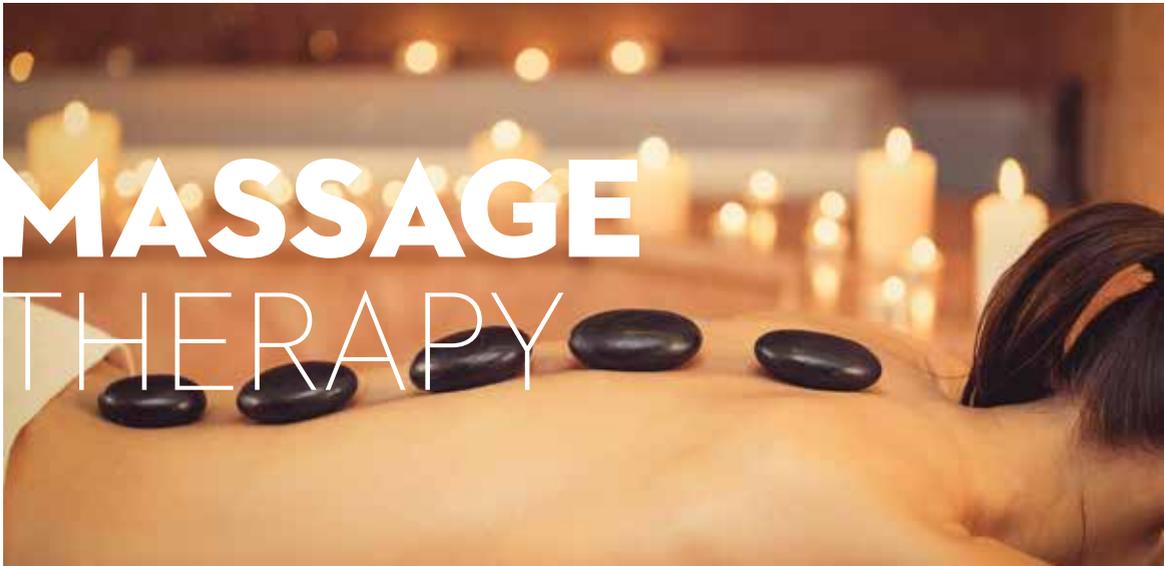
Using our Carob Body Scrub we eliminate dead skin cells and kick-off the detoxification process of your body. Texture is refined, leaving you with soft and supple skin. The enveloping scent of Carob will uplift your senses and reunite your spirit. We finish this luxurious body exfoliation with the application of a concentrated body milk to ensure that necessary moisture is locked into the skin. Carob takes its name from the Greek 'Keration'; Carob Trees grow mainly in the Mediterranean region and are often used as an alternative sweet indulgence to sugar.

100€

## **BACK FACIAL 30MINS**

Deep Cleansing and exfoliation, a purifying mask and extraction for clogged pores. We target back acne and oiliness on your back. This treatment will help with inflammation, itchiness, dryness and help you look better without a shirt on.

90€



# MASSAGE THERAPY

## CODAGE RELAXING MASSAGE 60MINS

A true source of stress-relief, this deep and enveloping massage soothes and relaxes for a moment of pure well-being. Tension is released and the skin is left nourished, deeply moisturized and incredibly soft.

120€

## CODAGE MUSCULAR RELIEF MASSAGE 60MINS

This massage deeply addresses all body's tensions. Relaxing, it instantly relieves and soothes muscle pains. Ideal for muscular recovery before or after sports, it activates blood circulation for a true sensation of comfort and well-being.

130€

## CODAGE HOT STONE MASSAGE TREATMENT 60MINS

The power of hot stones will help release any tension trapped in the muscles whilst reducing stress and anxiety. Our Hot Stones Massage promotes a healthier sleep and a boost on the immunity. Placing the stones on key points, the heat from the stones is deeply relaxing and helps warm up tight muscles allowing our therapist to apply a deeper pressure to those areas needed without causing discomfort.

150€

## CODAGE SLIMMING & DRAINAGE MASSAGE 60MINS

This treatment provides a concentrated anti-cellulite action. The toning massage helps eliminate cellulite and reduces the "orange-skin" effect. The drainage-stimulating massage techniques promote cellular elimination and regeneration. This treatment stimulates the microcirculation for a true sensation of comfort and lightness.

130€

## CODAGE ANTI-AGEING MASSAGE TREATMENT 60MINS

This treatment is specifically dedicated to mature skin. The combination of anti-aging active ingredients and expert massage techniques visibly smooth and firm the skin. A true cell booster, this massage awakens and tones the skin.

130€

## CODAGE PREGNANCY MASSAGE 60MINS

A healthy way of reducing stress and promoting overall wellness. Our Pregnancy Massage relieves discomforts experienced during pregnancy such as backaches, leg cramps, headaches or swelling. This is a therapeutic workout that focuses on the special needs of mothers-to-be as the whole body goes through the dramatic changes of pregnancy. We enhance on the function of muscles and joints, improving circulation and general body tone, relieving any mental and physical fatigue. Gentle but effective and performed with respect and care.

150€

## CODAGE ANTI-STRESS BACK MASSAGE TREATMENT 30MINS

Focusing on the Back, Neck and Shoulders, this is a quick fix for tired muscles where you need it most, using relaxing blends of Essential oils we regulate the pressure applied and reveal a better version of you in 30 minutes.

75€

## SPORTS MASSAGE 90MINS

Our Sports Massage isn't just for top athletes; We combine deep tissue massage techniques in a sequence of healing techniques for those that want to decrease muscle soreness, improve their flexibility and increase range of motion in their movement. Your body and mind will be prepared for optimal performance.

150€

## CODAGE HEAD & SCALP MASSAGE WITH HAIR OIL TREATMENT 30MINS

Our Head and Scalp Massage helps improve circulation of blood to the head and face and is designed to relax the mind as an effective stress reducer. Warm oil is massaged throughout the scalp working to relax tight muscles in the temple and neck regions. This treatment promotes a therapeutic action to the hair using an oil blend from Coconut, Sweet Almond, Baobab, Macademia, Apricot, Hazelnut, Grape Seed and Pomegranate. We recommend that you keep the hair oil on your head for at least one-hour post treatment, before you wash off, to ensure a deep therapeutic action.

80€



### CODAGE RADIANCE FACIAL FOR MEN 45MINS

This treatment is specially dedicated to male skin that is dull and lacking radiance due to external environmental factors or every day shaving. An elixir of youth, bringing back energy to your skin cells, to help erase the signs of tiredness and give you vitality and lustre for your complexion.

110€

### BEARD CONDITIONING TREATMENT 15MINS

For the Bearded gents, this is a deep Beard cleansing and hydration that addresses the skin beneath that probably hasn't been properly nourished for a while. We finish with the application of a Nourishing Beard Oil and a soothing Leave-In Conditioner

This treatment can be added in all body or face therapies.

40€



### DÉESSE PRO LED MASK

This is the market leader in LED Mask Design. The highest strength Mask LED Output that features a total of 770 LED lights. Using 5 variations to expose the skin to five clinically proven wavelengths of light, it stimulates natural cellular responses that lead to skin-rejuvenation, and the improvement of common problematic skin conditions. This is the original LED Mask that Hollywood Stars choose for their red carpet facials.

After a thorough skin consultation, we choose between the following modes:

- Anti-Ageing -
- Acne -
- Detoxifying -
- Pigmentation -
- Recovery -
- Rosacea -
- Inflammatory Acne -
- Congested Acne -

60€

(CAN BE ADDED TO ALL SPA THERAPIES)

### FRESH OXYGEN THERAPY

This is the result of the synergic work between cosmetic surgery and regenerating in scar-healing treatments based on oxygen infusion for intense regeneration of the skin tissues and effective fighting of signs of ageing. A powerful action of pure oxygen, specially designed to stimulate the full resumption of skin cells and restore its natural beauty. Treating deoxygenated skin tissues can help accelerate the cell regeneration mechanisms, acting against ageing and restoring it to its natural freshness and lustre.

60€

# SPA PACKAGES

## MINDFULNESS & PURITY 90MINS

Body Exfoliation  
Aromatic Full Body Relaxing Massage  
Relaxing Tea on the Spa Verandah

200€

## MEDI-AESTHETIC VACATION 2HOURS 30MINS

Anti-Ageing Facial  
LED Anti-Ageing Light Therapy  
Oxygen Therapy  
Anti-Ageing Full Body Massage Therapy  
Refreshing Juice on the Spa Verandah

400€

## CELLULITE FIGHT & DETOX BOOT CAMP 1HOUR 15MINS

Slimming & Drainage Massage  
Targeted Oxygen Body Technology  
Detox Juice on the Spa Verandah

180€

## SKIN HANGOVER RELIEF 2HOURS 30MINS

Relaxing Massage  
Designer Facial  
Oxygen Facial Add-On

350€

# HANDS & FEET

## CODAGE ANTI-AGEING HAND TREATMENT 30MINS

This hand treatment brings back your skin comfort, suppleness and softness. A scrub regenerates and smoothes the skin for a guaranteed "velvet skin" effect and a sculpting massage with soothing, nourishing and anti-aging active ingredients repairs and soothes dry and damaged hands. Your hands are intensely nourished and age & pigmentation spots are visible reduced.

50€

## SPA PEDICURE 75MINS / 65€

With long lasting Weekly Nail polish: (additional charge 10€)

With Soak Off Gel: (additional charge 25€)

## SPA MANICURE 45MINS / 55€

With long lasting Weekly Nail polish: (additional charge 10€)

With Soak Off Gel: (additional charge 25€)

Removal of Soak-Off Gel Hands or Feet: 15€

# MAKE-UP

Beach Time Look with 100% Mineral Make-Up 50€

Mykonos Chic Night Diva 50€

Bridal Make-Up (with one rehearsal) 200€

# HAIR

Hair Appointments upon Request

# WAXING

ARM 40€

BIKINI 50€

BIKINI LINE 30€

UNDERARM 25€

UPPER LIP 20€

EYEBROW SHAPING 20€

FULL LEG 60€

LOWER LEG 30€

UPPER LEG 30€

CHEST (MEN) 50€

BACK 45€

# FITNESS

PERSONAL TRAINING SESSION 50MINS

100€

PERSONAL TRAINING SESSION WITH SPA PACKAGE

50 MINUTES PERSONAL TRAINING

MUSCLE RELEASE BACK MASSAGE

PROTEIN DRINK

200€

YOGA & WELLNESS COACHING SESSIONS UPON REQUEST

## HOW TO SPA

### ONCE IN THE SPA

Please respect the privacy of other guests. Refrain from smoking or using mobile phone and cameras. We recommend you leave all valuables in your room. The Spa does not assume liability for any valuables.

### HEALTH

Please make sure you let us know of any health concerns, allergies, injuries or recent operations.

### THE EXPERIENCE

The Spa will provide towels, slippers and all amenities that are needed for your Spa visit. For outside guests there is an additional fee of 30 Euros, in order to book a treatment.

### RESERVATIONS

We recommend advanced booking to ensure your preferred times are available. The spa provides walk-in bookings based on availability. Plan to arrive at least 15 minute before your treatments to allow enough time for consultation. To make a spa reservation, please call the Spa Reception from your guest room.

### GIFT CERTIFICATES

We offer Gift Certificates that make a wonderful gift for a special occasion. Please enquire with our Spa Reception for details.

### AGE

The minimum age for Spa usage is 16. For any treatments booked for ages under 18, we will need a Parent's approval and Signature.

### LATENESS & CANCELLATION POLICY

Your late arrival may result in a reduction of treatment time as a courtesy to our next guest. We ask for a minimum of 6 hours' notice for cancellations. With fewer than 6 hours' notice you will be charged the full price.

### IN-ROOM TREATMENTS

Many of our treatments can be performed in the comfort of your room. Please enquire at Spa Reception for details. There is an extra charge of 50.00 for any Spa In-Room appointment.

### YACHT SPA TREATMENTS

Many of our treatments can be performed in the comfort of your yacht. Please enquire at Spa Reception for details and booking. There is a dedicated menu for these services.

### BEACH & POOL TREATMENTS

We offer a beautiful selection of mini treatments that can be enjoyed from the comfort of your Beach Bed. Please enquire at Spa Reception for details and bookings. There is a dedicated menu for these services.

### SPA FOOD MENU

We have a carefully curated menu of anti-oxidant drinks and bites that can be consumed only in our Spa Reception area or our Spa Verandah (subject to availability), either before or after your treatment. These come at an extra cost and there is a dedicated menu at our Spa Reception.

### SPA BOUTIQUE

A full selection of CODAGE products and Suncare products is available to purchase at the Spa Reception. Please ask for a complete Skin and Lifestyle Consultation to ensure you take with you the best at-home experience.

## WORKING HOURS

Treatment Appointments 10:00 – 21:00  
Spa Boutique & Spa Reception 10:00 – 22:00



KENSHŌ  
PSAROU

Psarou Beach, 84600, Mykonos, Greece  
[www.kenshomykonos.com](http://www.kenshomykonos.com)